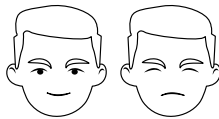
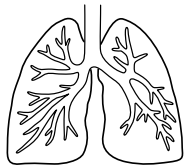


Weaning parameters



Which weaning parameters do I monitor to help guide my decision to extubate?



Key
Reversal of the primary cause for mechanical ventilation.

Before extubating, you need to monitor your patient and make sure they meet the following weaning parameters.

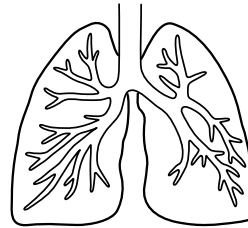
WOB

RSBI = RR/V_T
RSBI < 105
RSBI < 80

No dyspnea

RR < 35
breaths/min

1. Respiratory



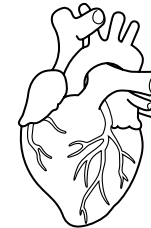
O₂

FiO₂ < 40%

PEEP < 5-8

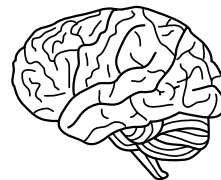
p/f > 150

2. Cardiovascular



Stable with minimum pressors

3. Neurologic



Awake

Alert

No seizures

Follow instructions

4. Psychologic



Fear ↓

Anxiety ↓

Stress ↓

And... you should always evaluate to ensure there has been a reversal of the primary cause for mechanical ventilation.