

Putting it together

MAINTAINING STRUCTURE

A structured framework is useful in high-stress situations like a cardiac arrest resuscitation.

A clearly defined leader helps maintain this structure and stay organized. Ideally, the resuscitation leader should be away from the patient, and not performing any other tasks so they can focus on direction.

Explicitly assigning specific roles may be helpful to avoid confusion. Example roles include the following: vascular access, defibrillator management, medication administration, airway management, chest compressions (at least two people), talking to family, etc.

Physical space designation may help provide structure. Sometimes actually marking spaces on the floor beforehand can be useful.

An organized, consistent and prioritized approach can help team members understand the sequence of actions.

