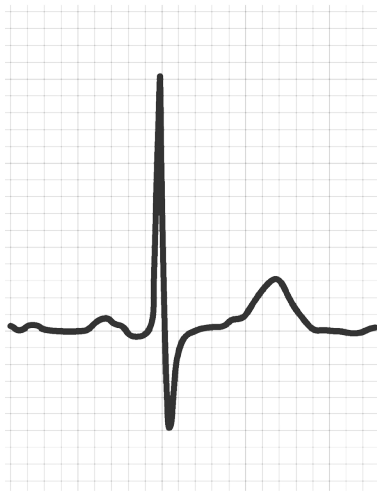


Before you begin

WHY DO WE PERFORM STRESS TESTS?

There are many reasons stress tests are done—to guide exercise prescription for cardiac patients, to evaluate the effectiveness of medical therapy, to provoke arrhythmias in certain patients—but the most common reason is to evaluate chest pain and related symptoms.



If the stress test is **negative** no further testing may be needed.



If the stress test is **positive** then more expensive and invasive testing is likely warranted.



The stress test is safe, cost effective, and non-invasive.