

Going the extra mile

DEVELOPING ULTRASOUND-GUIDED NERVE BLOCK PROTOCOLS IN YOUR HOSPITAL

You buy in. Once you feel strongly about this, others will come with you. We want to be better doctors and have fun doing it. Personal incorporation of bedside regional anesthesia is the most important first step to more generalized use in your hospital. See the benefits yourself, then share that knowledge and joy with your group.

Why have nerve block protocols?



Pain control



Less morbidity



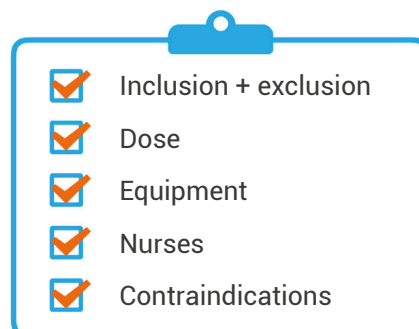
Decreased hospital stay

Involve departments early on in the process

- Orthopedics
- Pharmacy
- Nursing

Approach your staff with a basic training plan that includes a written policy, video tutorial on the block you wish to implement first, and plan a short hands-on training session. The fascia iliaca compartment block is a natural protocol to start. It

is heavily evidenced-based, easy to perform, easy to teach, and can be done safely in coordination with the pharmacy and nursing staff. Your orthopedic departments will see the benefits early in the program. Nurses will see the benefits immediately. Make a best practice document and disseminate to your group. Standardize the dose and equipment to simplify the process using the long-acting anesthetic found at your facility.



Best practice document